

May is Rotary Planning Month

Tonight: RYPEN Students
Megan Little, Abby Cameron and Tamasin Jones
 Introduction: *John Hozack*
 Vote of Thanks: *Brian Johnson*
 Two Minuter: *Tony Fondacaro*
 Fellowship: *Issa Shalhoub and Alison Tyquin*

June is Rotary Fellowship Month

1 June 2010 TBA
 Two Minuter: Denise Fors
 Fellowship: Ross Wade and Bob White
8 June 2010 TBA
 Two Minuter: Alan Foreman
 Fellowship: Brian Wilkins and Jeni Wilkins

Birthdays: 20 May Audrey Saunders, **21 May** Rob Powell,
24 May Bev Greenwood
Anniversaries: 24 May Kay and Joe Puglisi,
25 May Kay and Bob Lawson



BBQ Roster:

Rob Powell	Wed 26/05 Sat 29/05 and Mon 31/05
Joe Puglisi	Wed 02/06 Sat 05/06 and Mon 07/06
Craig Saunders	Wed 09/06 Sat 12/06 and Mon 14/06
Trevor Schofield	Wed 16/06 Sat 19/06 and Mon 21/06

Club Calendar:

25 May	Tues	Club Combined Board Meeting
26 May	Wed	Mental Health Forum @ Civic Centre, from 5.00pm
14 June	Mon	Queen's Birthday
4 July	Sun	District's Changeover
6 July	Tues	Our Club's Changeover
21-22 Aug	Sat-Sun	"Towards a Stronger Australian Rotary" Conference, Woden ACT.
31 Aug	Tues	Business of the Year Award Night
22-24 Oct	Fri-Sun	District Conference Nowra

Report on the 11th May meeting;

President Trevor welcomed all, specially our guest speaker Karina Lindsay, her helpers Ken Bone and Adam Stanford, also Dale Wilford's guest Chel Graham and Warwick Backhouse's guest Sally Elliott.

Bike racks will be installed Friday **14 May** at Burrill.

20 May; Loud Shirt Day.

26 May Mental Health Forum at the Civic Centre; 12 volunteers needed from 5pm.

31 August; the Business Award Night.

Kevin Walsh; attendance **61.7%**

Secretary Joe Puglisi received an invitation from Joanna Gash, ARH information and from the Illawarra Health Committee Board.

Almoner Dom Fondacaro said that Sid Turnbull, John Coburn, Monica and Clive Johnston are doing well.



Two minuter Dom Fondacaro spoke on the Italian Migration.

Wayne Fry was the Sergeant and was helped by Issa Shalhoub.

Card Raffle winner: Craig Saunders **2♥**

Guest Speaker Karina Lindsay spoke on Mental Health, illness and behaviour. Statistics show that one in five will experience mental problems in their lifetime. Karina outlined the causes of mental illness and how to reduce the stigma of mental illness.

Karina also spoke on the Helping Hands - Well Being program which aims at support, maintain stability and promotes recovery. Adam



Stanford said patients should take responsibility of their illness. Ken Bone who is a volunteer spoke on the benefits of being one.

End of report

Towards a Stronger Australian Rotary.

Stronger Rotary clubs can raise the profile of Rotary in the Australian region. How can this be achieved? The Conference "Towards a Stronger Australian Rotary", to be held in **Canberra on August 21-22**, will focus on ways to achieve this objective.

Incoming RI President Ray Klinginsmith and 2010-12 RI Director Stuart Heal, supported by Zone 8 Rotary Coordinators Rob Wylie and Rob Crabtree, and Public Image Resource Group Coordinator Richard Garner will lead discussion by Rotarians from all levels of our organisation within Australia.

This is an opportunity to share ideas, we hope to see District and Club leaders from all over Australia and our neighbouring countries within Zone 8.

The conference is open to all Rotarians, we particularly hope that your District and your Club will be represented.

A number of welcome dinners will be held on Friday evening hosted by clubs within District 9710. The conference proper starts on Saturday morning and will finish around lunchtime on Sunday.

An affordable conference package is available including registration, morning and afternoon teas, Saturday lunch and dinner, all for \$100.

Venue will be the Hellenic Club in Woden, A.C.T. A number of hotels/motels in the Canberra area have offered discounted accommodation to Rotarians attending.

On line registration is available at

<http://rotarydownunder.com.au/australianrotaryconference>.

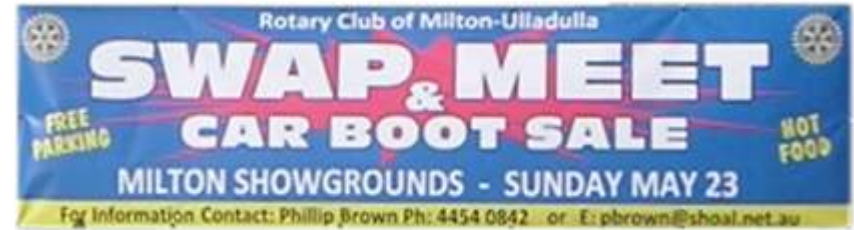
For more information contact Rob Wylie at robwy43@bigpond.net.au

Rob Wylie.

Entertainers; 13, 14, 15, 16, 18, 20, 21 and 22 May 2010



Swap Meet; Sunday 23 May 2010



Your Bulletin editor Issa