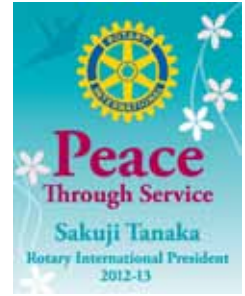


**- June is Rotary's Fellowship Month -**

**Tonight:** Grant Schultz and Jim Thomas; 'New Member Talk'  
**Introduction:** Carolyn Campbell  
**Vote of Thanks:** Peter Campbell  
**Fellowships:** Geoff Muir and Glenn Rowen



**Future Programs:**

**11 June: RYPEN students;** Jarita Jansma-Smith, Sarah Desborough and Stephanie Kegan  
**Introduction:** Dick Crouch  
**Vote of Thanks:** Peter Culham  
**Fellowships:** Craig Saunders and Trevor Schofield

**18 June: NYSForum students**  
**Introduction:** Graham Fisher  
**Vote of Thanks:** Tony Fondacaro  
**Fellowships:** Grant Schultz and Issa Shalhoub

**25 June: Club Changeover,** Beachside Golf Club.

**- July is Rotary's New Year -**

**2 July: Social Night,** new Board meets old Board  
**9 July: Free night**  
**16 July: DG Maureen Manning's Club visit**

*Please notify apologies  
and guests to  
Peter Culham on 4455 1588*



**Club Calendar**

6 June	Thurs	ROMAC Trivia Night
25 June	Tues	Club Changeover
30 June	Sun	District Changeover Narooma Golf Club
20 Aug	Tues	Business of the Year
11-13 Oct	Fri-Sun	District Conference Merimbula

**BBQs cleaning Roster:**

	Wed	Sat	Mon
Yvonne Young	5/6	8/6	10/6
Jeiji Abbott	12/6	15/6	17/6
Maurie Abbott	19/6	22/6	24/6
Warwick Backhouse	26/6	29/6	1/7

**Birthdays:** 6 June; Phyllis Cowley  
**Anniversaries:** 12 June; Beryl and Ross Wade

**Meeting 21 May 2013**

**Michael Mastronardi** welcomed all including the guests Tom Law, Alf Rowen, Leonie Smith and Myron Bosak.

**Alison Tyquin** received info from Budawang school re fundraising through an art auction.

**Phil Brown;** thanked the helpers Swap Meet, an excellent outcome; profit just under\$8,000.

*Thank you Phil.*

**Yvonne Young;** seven students have applied for the NSYForum.

**Clive Cross;** toasted Azerbaijan for their National Day.

The Safe Moneyboxes were presented to the PM and the leader of the opposition.

BowelScan; more kits were delivered to chemists, we received great support from 2ST Barry Mack.

**Attendance;** due to the make ups of last weekend Swap meet, **100%**.as per Wayne Fry.

**Card Raffle** winner **Issa Shalhoub 9♦.**

**Guest Speaker** 2004-05 PP Tom Law spoke of having a heart attack. He told us what the early symptoms are, and what to look for if you are experiencing chest pains that may be similar to indigestion, chest pains, pain in the jaw or a pain down the left hand side of your body.

If you feel these pains Tom suggested to take a disprin or an aspirin immediately and get help by dialling 000. Early intervention is important.

Tom spoke of having quite a few bypass operations. He was determined to speed up his recovery and commenced walking small distances and finally being able to walk from Burrill Lake to Ulladulla. His specialist suggested that walking was by far the best exercise to help your recovery from this type of surgery. It is also important to ensure that you lose weight as suggested by your surgeon or dietician. Both of these lessen the strain on your heart.

Tom suggested all people should carry a disprin with them so that they can commence effective treatment immediately.



Trevor Schofield presented Tom Law with a certificate of appreciation for his valuable contribution during his presidency of our Club 2004-05.

**Thank you Robin Cantrill for the guest speakers' article for the Bulletin and the Times.**

**End of meeting's report.**



*Ann Sudmalis the Liberal Candidate for Gilmore with Tony Abbott and the Moneyboxes*



*The PM's private secretary with Joanna Gash and the MoneyBoxes*



*Having a dental check-up!*

**Visit the Club's [Website](#) and [Facebook](#). Just put in your search engine; rotary milton ulladulla**  
**Your Bulletin editor: Issa Shalhoub**