

President Clive Cross

DG Monica Garrett

ADG David Bisiker

RI Pres K.R. "Ravi" Ravindran

Bulletin editor: John Payne

Club's [Website](#) and Club's [Facebook](#)

MARCH IS ROTARY'S WATER & SANITATION MONTH

**29 March: Social Partners Night - Ten Pin Bowling;
\$30 PP with meal or \$18 Meal only**

Future Program:

**5 April: Falls Prevention Month – Jo Adler –
Fall Prevention**

Introduction: John Goggins; Votes of Thanks: Tim Gregory. Fellowship: Emile Jansen, Ken Mathews

**12 April: Club Anniversary and Guest
Information Night - \$25 pp finger food**

**13 April: Polio Fundraiser Movie Premier
"Eddie the Eagle"**

**19 April: (tentative) Life Education Van, Visit
& BBQ @ Lynn's Removals**

**26 April – Jenna Guillen – Law Student –
Global Scholar – Woden Rotary Club**

Introduction: Rob Powell; Votes of Thanks: Brian Robinson. Fellowship: Rhondda Purtell, Robert Richards

Club's Calendar		
1 Apr	Fri	Barefoot Bowling Charity Event- Mollymook Bowling Club
12 Apr	Tue	56 th Club Anniversary
12 Apr	Tue	Guests Information Night
13 Apr	Wed	Polio fund raiser - Movie Premier Eddie the Eagle 6 pm & \$20 (\$10 goes to Polio)
19 Apr	Tue	(tentative) Life Education Van @ Lynn's Removals
3 May	Sat	Coolangatta winery trip
30 Apr – 1 May	Sat/Sun	DISTRICT ASSEMBLY
13 Apr	Wed	Polio Movie Night "Eddie the Eagle" it's opening night at the Arcadia.
14 May	Sat	Entertainers Stage Set-up
29 May	Sun	Stage Pull Down
29 May	Sun	Swap Meet

Please notify apologies and guests to Peter Culham, by [email](#) or on 4455 2229 or 0417 294 938, By no later than 12 noon on Tuesday.

BBQ cleaning Roster:

	Wed	Sat	Mon
John Payne	30/3	1 / 4	4/4
Rob Powell	6/4	8/4	11/4
Rhondda Purtell	13/4	15/4	18/4
Robert Richards	20/4	22/4	25/4
Glenn Rowan	27/4	29/4	2/5

BIRTHDAYS: Glenn Rowen; 30 Mar – Jeni Wilkins; 31 Mar – Dale Wilford; 1 Apr -Alan Foreman; 2 Apr – Ross Wade; 6 Apr – Jacqui Thompson; 2

ANNIVERSARIES: 2 Apr - Reg & Mary Sawyer; 10 Apr – MURC Anniversary; 15 Apr Simon & Annie Brown.

Report:

President Clive opened the meeting and welcomed member's guests; Jenny Cantrill, Jan Shalhoub, ADG David Brisker, and guest speaker, Andrew Humphries.

International Director Cliff Workman proposed a toast to the Rotary Club of Boorowa.

Vocational Director Terry Marchello advised that all went well with the TAFE awards with Rhondda Purtell presenting the award on behalf of Rotary.

Club Service Director Issa Shalhoub advised that the potential member drive resulted in 60 names put forward to the membership committee. Issa also reminded members of the Questacon roster seeking offers of 2 hours per shift between March 24th to April 24th contact Gail Dunn, 0408 540 684, to volunteer for shifts.

President Clive read an email from Associate Professor Helen Masan of the University of Wollongong. Professor Masan was following up on her presentation to our Club some months ago where she outlined an initiative for volunteers to provide IT help to local seniors using their computers. Members thinking of volunteering in this way are invited to an initial workshop at the IRT Training room at 10am on April 4th. If members are interested, please call Professor Masan on 0419403699 for further information.



Yvonne Young won the raffle and drew the 4 of hearts.

President Clive introduced Andrew Humphries, a well-known, local social worker. Andrew spoke enthusiastically on issues associated with male suicide and male access to suicide prevention services locally.

In Andrew's experience, he has found that discrepancies exist between male and female suicide prevention services in the region. Andrew has prepared submissions on this for government and summarised his research and that of Dr John A. Asfield et al in their booklet "Preventing Male Suicide: Become Part of the Solution". The booklet was prepared for the Australian institute of Male Health & Studies. Andrew provided a copy of the booklet for interested members to read, contact John Payne to access the booklet at any time.



Andrew provided members with the following facts associated with suicide:

- Nearly 80% of all suicides in Australia are male;
- Two thirds of men will die on their first attempt;
- Suicide rates in rural and remote areas are significantly greater than urban populations;
- The majority of men at greatest risk of suicide are not engaged by mental health services; in fact, current mental health service provision may even compound men's difficulties.

Members learnt that factors/indicators associated with male suicides are, Unemployment, separation (relationships or bereavement), rural and remote locations, social disconnectedness, high levels of alcohol consumption and individuals experiencing major depression. Additionally, males experiencing powerlessness, self-harming behaviour, indigenous heritage and sexual orientation are further factor/indicators.

What can we do in the community? Firstly, read the "Preventing Male Suicide" booklet. And then; lobby local health services and politicians to increase focus on male suicide prevention and maintain awareness on behalf of family, friends and associates.