



Pres Dick Crouch

DG Stephen Hill

ADG David Bisiker

RI Pres John F. Germ

Bulletin editors: Yvonne Young and Issa Shalhoub

Club's [Website](#) and Club's [Facebook](#)

**AUGUST IS ROTARY MEMBERSHIP AND EXTENSION MONTH**

Tonight: YOUTH EXCHANGE STUDENT:  
**GIULIA MISSARELLI**  
PARTNERS' NIGHT. Numbers needed.  
And NEW MEMBER's INDUCTION  
FIVE MINUTER: Craig Cameron  
Fellowship: Glenn Wran.

Future Programs:

**23 Aug: NEW MEMBER TALK; FIONA COCHRANE**  
FIVE MINUTER: Robin Cantrill  
Fellowships: Jeiji and Maurie Abbott.

**30 Aug: Barry Tomkinson; National Parks Association - Milton-Ulladulla Bushwalkers.**  
FIVE MINUTER: Clive Cross  
Introduction: Brian Morrison  
Vote of Thanks: Glenn Rowen  
Fellowship: Phil Brown and Simon Brown.

**SEPTEMBER IS ROTARY BASIC EDUCATION AND LITERACY MONTH**

**6 Sept: PDGs' ADDRESS-VISIT**  
Fellowship: Craig Cameron and Robin Cantrill.

**13 Sept: NEW MEMBER TALK; MATTHEW THOMAS**  
FIVE MINUTER: Peter Culham  
Fellowship: George Chittick and Fiona Cochrane.

**20 Sept: DG STEPHEN HILL Club's Visit**  
Fellowship: Clive Cross and Peter Culham

**BBQs' cleaning Roster:**

	Wed	Sat	Mon
Leonie Smith	17/8	20/8	22/8
Matthew Thomas	25/8	27/8	29/8
Ross Wade	1/9	3/9	5/9
Dale Wilford	8/9	10/9	12/9

**PLEASE NOTIFY apologies and guests to YVONNE YOUNG on 0418 866 482, by no later than 12 noon on Tuesday.**

**Club's Calendar**

20 Aug	Sat	Military Band; \$25 or \$45 with meal
16 Sept	Fri	Rotary and Community Business Award Night, Civic Centre
20 Sept	Tues	DG Club Visit
11 Oct		Hat Day
25-26 Oct	Tue-Wed	Driver Education
	Day 1	ExServos
	Day 2	Marulan Centre
28-30 Oct	Fri-Sun	District Conference Goulburn
31 Oct	Mon	Calcutta at MGC
3-4 Nov	Thr-Fri	Driver Education
	Day 1	ExServos
	Day 2	Marulan Centre
20 Nov	Sun	<b>Social Tennis, BBQ, family and friends get together</b>
22 Nov	Tues	Meeting at the Dunn Lewis Centre
20 May 17	Sat	An Evening in Tuscany, <b>"That's Amore"</b> at the Civic Centre

If a member nominated for a duty is unable to fulfil this function, or does not wish to do it, PLEASE arrange a replacement and let the Bulletin editor know.

**Birthday:**

**16 Aug; Dom Fondacaro, 19 Aug; Marnie Scott, 20 Aug; Karen Bulbert.**

**9 August meeting and 5 August Ten Pin Bowling:**

**VALE Warwick Backhouse 16 August 1930 – 9 August 2016**

**VALE 1984-85 PP Doug James passed away 12 Aug 2016  
Funeral to take place Friday 19 Aug 2016.**



Our **Guest Speaker** was **Lynn Scully**, who is a Musculoskeletal Therapist - Exercise Scientist - Accredited Exercise Physiologist, Health, fitness and wellbeing, Lynn specialises in musculoskeletal and cardiovascular rehabilitation and has a special interest in pain management strategies.

Lynn got all attendees to stand up and we all waited for further instructions which were 'now sit down again', Lynn said that such a simple exercise was beneficial to our wellbeing which is better than sitting for a long time.

**Five Minuter: Phil Brown**, Land Surveyor, Phil spoke on what his job entails and also talked about his and Rose's enjoyable recent trip to Hawaii.

Phil's work includes Topographic surveys, detail and contour surveys for new residences or extensions, Strata surveys, water supply design, road and subdivision design, stormwater design for roads, developments and carparks.



**With Giulia at the Dunn Lewis Centre**



**Wayne the whisperer**



**Enjoy**

## "DEFINITION OF ROTARIAN"

*From D9520 District Governor's Newsletter, August 2016*

A Rotarian is someone who, through their efforts:

- Digs wells from which they will never drink
- Restores eyesight for those they will never see
- Builds houses they will never live in
- Vaccinates children they will never meet
- Plants trees they will never sit under
- Educates children they will never know
- Feeds hungry people, regardless of colour, race or politics
- Knows real happiness.

**Saturday 20<sup>th</sup> August,  
Royal Military College Band  
at the Civic Centre.**

*Three (3) tables have been put  
aside for our members.*

*Members-partners-friends are of  
course not obliged to access these  
tables should they wish to sit  
elsewhere or want to fully book a  
table with other friends.*

*Please spread the word.*

**Grace: "For good food, good fellowship, and the privilege to serve through Rotary we give thanks."**