

WEEKLY BULLETIN 24 July 2018 Volume 59 - Issue 4





Pres Craig Saunders DG Margaret Hassall

Bulletin editors: Yvonne Young and Issa Shalhoub

ADG David Bisiker RI Pres Barry Rassin

Club's Website and Club's Facebook

JULY IS ROTARY'S NEW YEAR

Tonight: Craig Cameron, Timor and Peru Fellowship: Wayne Fry and John Goggins

Future Programs:

31 July: TBA

Fellowship: John Hozack and Brian Morrison

August is Membership and New Club Development Month

7 Aug: TBA

Fellowship: Bev Nicholas and John Payne

If a member nominated for a duty is unable to fulfil this function, or DOES NOT WISH TO DO IT, PLEASE arrange a replacement and or let the Bulletin editor know.

BIRTHDAYS:

18 Pat Culham, 24 July; Jeff Franklin, 29 July; Genelle Gregory. ANNIVERSARIES: None this week.

Members on Fellowship, please help Ed Zonneveldt, MEET and GREET members and guests as they arrive, and get President Craig the names of the guests on the night.

Club's Calendar		
Dues and NOW due		
24 Aug	Fri	Business Community Network, at Cupitt Proceeds to Rotary Youth
7 Sep	Fri	Business Awards Night Dunn Lewis Centre
11 Sep	Tues	Meeting at Dunn Lewis Centre
5 to 7 Oct	Fri-Sun	District Conference, Cooma
10 Oct		Hat Day
17 Nov	Sat 9 to 9	Relay For Life -12hours Civic Centre

PLEASE NOTIFY apologies and guests to **Ed Zonneveldt** on 0407 958 516,

<u>edzonneveldt1@optusnet.com.au</u> by no later than 12 noon on Tuesday.

If a member will be away for a specific day or days and has advised the Board, please let Ed Zonneveldt and Issa know of the dates.

Meeting's Report; 17 July 2018

President Craig Saunders welcomed members and guests Eleanor Drury – Guest Speaker – 'Everyone's Perfect', Gillian Drury, Jo Jones, Trish Della-Costa and Steve Nicholas.

President Craig informed members of an opportunity to **host families** from drought areas in rural and remote NSW to accommodate for a holiday. 3-4 nights, open also to non-Rotarians. A number of club members have offered to host a family.

International toast Rotary clubs of New Zealand for hosting Indigenous conference.

Secretary John Payne, please let John know if you are interested in assisting with the Floriade in Canberra as money raised from Floriade is going to Rotary District 9710.

Youth Director Andrea Tucker spoke on the Business Community Network luncheon 24/8, tickets on sale now. Any Rotarians with a sign advertising this Luncheon in their front lawn, Tucker Real Estate will donate \$10.00 per sign to the event. All monies raised are going towards our Club's Youth program.

Vocational report given by PP Wayne Fry spoke on the recent seminar on Men's Health Cancer run by Peter Still and Grant Schultz. This seminar aimed at men and men's health including depression and other health issues that may arise, gaining awareness of health and debrief session, hoping to continue to support men with their health including depression and cancer will continue to updating men on progress.

PP Wayne then spoke on the Business awards which has been launched in the local paper and an article will be in the paper every couple of weeks.

The Business Awards committee are looking for sponsorship and businesses to enter, club members are encouraged to get businesses to sponsors and enter. Wayne spoke on the different categories to enter. Entries can be completed online, or posted to the PO Box.

Almoner Bill Harris; Maisie Bennett going well, Pat Culham is having hip replacement, Rhondda Purtell going well after knee replacement and Brian Johnson going well. A speedy recovery for Pat and Rhondda.

Guest speaker Eleanor Drury spoke on how the Everyone's Perfect movement launched at the end of 2016 it was a hard year for both staff and students at UHS. Looking for the positive's after the suicide of a local teacher, then Eleanor heard rumours of girls starving themselves and worried about their body image before a swimming carnival. The Everyone's Perfect movement goal is for students to create a positive image about themselves. To be comfortable with their body image.





The Everyone's Perfect started at the beginning of 2017 through social network. Through promotion, showing positive body image, in yourself, thinking positive instead of negative.

Speaking to Year 7, splitting into groups spoke to the students, on challenges of going from year 6 to Year 7 and the pressure from a going from a small group to a large group and issues around changing schools.

The students from all areas of UHS including students from Special Education and SRC are involved in the program. Showing all students that they be part of Everyone Perfect movement.

This year saw the launch of the Inspiration awards with over 200 students have been nominated for this award. Share the care, encouraging students to ask other students if they are OK, along with creating cards with inspirational quotes are just some of the strategies that students are encouraged to do.

Hoping more people in the community to be involved in movement. Prompting to everyone to be grateful for what you have instead of what brand you are wearing. One goal is to get more males involved in the movement.

Eleanor is amazed at how the Everyone's Perfect campaign has grown over the last year and a half. Creating support groups in the school, community, to enable the continuing of Everyone's Perfect movement for the future.





Meeting Report by Yvonne Young, thank you Yvonne.

End of Report.

Thank you to all members who have paid their subscriptions to date.

All members are encouraged to pay their subscription dues by the end of July, thank you.

Ross Wade Treasurer