

Pres Craig Saunders

DG Margaret Hassall

AG PDG Glenn Wran

RI Pres Barry Rassin

Bulletin editors: Yvonne Young and Issa Shalhoub

Club's Website and Club's Facebook

MAY IS ROTARY'S YOUTH SERVICE MONTH

PLEASE NOTIFY apologies and guests to Ed Zonneveldt on 0407 958 516,
edzonneveldt1@optusnet.com.au by no later than 12 noon on **Monday**.

Tonight: Ice Schapp, UHS BIKE PROGRAM
Introduction: Guy Porter
Vote of Thanks: Rob Powell
Fellowship: Dom Fondacaro and Tony Fondacaro

Future Programs:

JUNE IS ROTARY'S FELLOWSHIP MONTH

4 Jun; Back at the Golf Club
DGE Peter Ford

Introduction: Avril Pryor
Vote of Thanks: Leonie Smith
Fellowship: John Hozack and Bernard Jones

11 Jun; PDG Rowley Thompsett, Centurion Program
Fellowship: Jo Jones and Brian Morrison

PARTNERS' GET-TOGETHER, at the
South Street Chinese Restaurant, 6:30pm
numbers are needed, PLEASE RING
AUDREY SAUNDERS 0400 377 234

18 Jun; Janey George, MILTON THEATRE
Introduction: Ross Wade
Vote of Thanks: Dale Wilford
Fellowship: Bev Nicholas and Clare Nyholm

25 Jun; Changeover Dinner
2 course meal. \$45. Beachside Golf Club
6:30 for 7:00pm
For the Changeover dinner if you require a fish meal, let Issa know.
Fellowship: Guy Porter and Rob Powell

JULY IS ROTARY'S NEW YEAR

2 July; Club Assembly
President Stephen Hladio's plans for the new Rotary year

BIRTHDAYS: 25 May; Karri-Anne Conran,
1 Jun; Tony Fondacaro, 3 Jun; Dick Crouch.
ANNIVERSARIES: None this week.

Club's Calendar

May		BOWELSCAN \$15
3 June	Mon	Combined Board Meeting Tucker Real Estate, 5:30pm
11 June	Tues	Partners' Get-together 6:30pm at the South Street Chinese restaurant PLEASE RING AUDREY SAUNDERS 0400 377 234
25 Jun	Tues	Club Changeover, Golf Club \$45 per person, 2 course meal District Changeover
30 June	Sun	Gold Creek Station Hall, ACT 12 for 12:30 start
12 July	Fri	NAIDOC, Jumping Castle
3 Sept	Tues	DG Club Visit
16 Oct	Wed	Dream Cricket, Milton PS
18 Oct	Fri	Business Community Network, Luncheon, Beachside Golf Club
6-7-8-9		District Conference
Mar		At Dunn Lewis Centre
2020		'Roaring Twenties'

If a member nominated for a duty is unable to fulfil this function, or **DOES NOT WISH TO DO IT**, PLEASE arrange a replacement and or let the Bulletin editor know.

Meeting's report for 21 May 2019

President Craig Saunders opened the meeting welcoming members and guest's Kirrily Dowling, Jean Crouch, Genelle Gregory, Jenny Cantrill, Christine Steain, Jane Rutkin, Judy & Barry Page, Keith & Christine Claxton.

International Toast International Director Stephen Hladio toasted our Club's representatives in Nepal, Andrea & Rod Tucker and Jo Jones.

Youth Service reported on RYPEN students who attend the RYPEN camp on the 17th – 19th May all students enjoyed themselves and will be guest speakers on a date TBC.

Community Service Director Emile Jansen spoke on the Warden Head/Lighthouse project and NSW Lands Dept and SCC; project is going ahead without any further assistance from Rotary.



The RYPEN students at Mogo: Paris Saunders, Caitlyn McPherson, Jorjah Drysdale, Alex Mason and Phoebe Drury.

Guest speakers Andrea Tucker & Jo Jones spoke on their adventure to Mt Everest Base Camp. Firstly, Andrea spoke on the Seven Women's project which was the reason that Andrea, Rod and Jo trek to the base camp of Mt Everest. Andrea gave the background on the Seven Women Project. The project assists women and young girls in gaining life skills including sewing and cooking just mention a few of the courses that the program offers. The program enables young girls and women to gain skills to earn a living and to be independent.



Andrea, Rod & Jo started the trek at Lukla Nepal (attitude 2,860 metres) as there are no vehicles only yaks, donkeys and Sherpa's are used to carry items. Andrea explained the trek and how they worked their way along the trail to Mt Everest base camp. Walking over swing bridges and very rough trails Andrea explained that nothing was smooth or level, every trail went up then went down. The oxygen levels at the higher attitudes and the guides were taking oxygen levels every day of the group every day, how they were monitored daily to acclimatized to the attitude, stopped at tea houses which were made of mainly ply wood and where transported by Sherpa's on their backs, tea houses also double as accommodation. Andrea explained due to the attitude that the best way to acclimatize was to trek to the required attitude than go back down then trek back up to that attitude. The guides advised the group not to have meat after Lukla so the group went vegetarian for the remainder of the trek. Only being 6 hours from Base Camp Jo was extremely unwell and the decision was made for Jo to return by air to Kathmandu for medical treatment. Andrea and Rod were lucky to be able to stay a few nights at Base Camp (attitude 5,365 metres) than were flown out to Kathmandu.

Thank you, Yvonne Young for the meeting's report, Craig Saunders for the photos.

End of report

Thank you, Yvonne Young for bringing and taking back Brian Johnson to 14 May meeting.
ANY FUTURE VOLUNTEERS, FOR AT LEAST PICKING UP ONLY? Let Issa know.

*For the Changeover dinner, 25 June, Baked Eye Fillet or Crusted Chicken Breast are on the menu.
 IF YOU PREFER A FISH DISH, please advise Issa, asap.*

All Directors' reports for the Changeover Bulletin are needed before 12 June 2019.

Members, partners and any person over 18yo hosting a Youth Exchange student, regardless of how long they intend to host the student for, will need to have a WWCC.

Five members haven't as yet provided their WWCC number nor expiry date.
 I will remind members when they need to renew.

Combined Board Meeting Monday 3 June 2019, 5:30pm at Tucker's Real Estate
 Current and Incoming Board Members. Please be present for a smooth changeover.

Club Toast: "Good food, good fellowship and the privilege to serve."