

Pres Geoff Johns

DG Rob Shore

RI Pres Francesco Arezzo

Bulletin editor: Issa Shalhoub

Club's [Website](#) and Club's [Facebook](#)



**August is Rotary's Membership and New Club Development Month**

**Tonight; Monica Mudge; Habitat for Wildlife**

Introduction: Simon Brown

Vote of Thanks; Dom Fondacaro

Rotary 5-minuter; Bernard Jones

**FUTURE PROGRAMS:**

**19 Aug; PP Wayne Fry; Membership Drive.**

Rotary 5-minuter; Craig Saunders

**26 Aug; John Hulme; Solar Updates.**

Introduction: Louise Garrett

Vote of Thanks; Bernard Jones

Rotary 5-minuter; Issa Shalhoub

**September is Rotary's Basic Education and Literacy Month**

**2 Sept; Marianne Cool; ORRCA**

**9 Sept; Lisa Preston, Finding Me.**

**16 Sept; Peter Webster; Blood Bikes storey 23**

**Sept; Rex Russell. Recruiting.**

**30 Sept; 10 Pin Bowling Night and dinner at DLC**

For members, family and friends

Lions Club will join us for a bowling game and a meal.

**October is Rotary's Community Economic Development Month**

**7 Oct; Rotary Honorary Member; Mayor Patricia White**

**14 Oct; Club Assembly.**

**21 Oct; HAT DAY, members, family and friends – Fun Night – PLEASE WEAR A HAT, 100% of the money raised goes directly to research helping the one in five Australians affected by depression, anxiety, schizophrenia and many other illnesses.**

**28 Oct; The Wedding, fun night.**

**November is Rotary Foundation Month**

**3 Nov; Monday Melbourne Cup Sweeps?**

**4 Nov; NO MEETING**

**11 Nov; Remembrance Day, Guest Speaker TBA**

**18 Nov; TBC - Matt Potter; Resuscitation, Partners, Family and community members' Night – TBC**

**25 Nov; TBA**

**December is Rotary's Disease Prevention and Treatment Month**

**2 Dec; AGM**

**9 Dec; TBA**

**16 Dec; Club Christmas Dinner**

PLEASE NOTIFY apologies and guests to **Ed Zonneveldt 0407 958 516 [ed.zonneveldt@icloud.com](mailto:ed.zonneveldt@icloud.com)** by NOON ON MONDAY.

If your attendance is in doubt, please apologise and if you turn up, the caterer will not mind extras.

**CLUB CALENDAR**

**2025-26 Dues are due.**

<b>5-7 Sept</b>	<b>Fri-Sun</b>	<b>RYPEN</b>
<b>7 Sept</b>	<b>Sun</b>	<b>Willinga BBQ Father's Day</b>
<b>6-7 Sep</b>	<b>Sat-Sun</b>	<b>Bunnings BBQ, for MHERV</b>
<b>8 Sept</b>	<b>Mon</b>	<b>Board Meeting</b>
<b>11 Sept</b>	<b>Thur</b>	<b>Shoalhaven Community Expo</b>
<b>20 Sept</b>	<b>Sat</b>	<b>Milton Markets</b>
<b>27 Sept</b>	<b>Sat</b>	<b>Beer Fest</b>
<b>6 Oct</b>	<b>Mon</b>	<b>Board Meeting</b>
<b>18 Oct</b>	<b>Sat</b>	<b>Milton Markets BBQ</b>
<b>22 Oct</b>	<b>Wed</b>	<b>Driver Ed BBQ</b>
<b>25 Oct</b>	<b>Sat</b>	<b>Tree Planting</b>
<b>29 Oct</b>	<b>Wed</b>	<b>Driver Ed BBQ</b>
<b>21-22 March</b>	<b>Sat-Sun</b>	<b>Fun Run, 5 and 10kms run</b>

**Birthdays; 16 Aug; Dom Fondacaro.**  
**Anniversaries; none**

**29 July 2025**

Vice President Wayne Fry opened the meeting and welcomed all members and the guests Craig Cameron's niece Elinor Howard from the USA, Christine Steain and Fred Hamilton; Phil Brown's guest.

VP Wayne Fry gave the Club Service report.

**Dale Wilford** spoke on a program that Susan Wilford would like support for; cleft palate prevention by supplying pregnant women with a Folic Acid supplement.

**Secretary Issa Shalhoub**; there are more 45 club numbers for the taking, eight numbers unsold; **9, 10, 14, 21, 22, 35, 38, 40**, please let Issa know if you, partner or friends want one or more numbers.

The Rotary Magazine was handed around.

Club received an invitation to attend the 25<sup>th</sup> Anniversary of the Mollmook Beach Combined Probus Club on 22 Aug 2025, \$70 per person at the Hilltop Golf Club, RSVP 8 August.

**Phil Brown** spoke on Adopt a tree, Milton Markets, Willinga Park BBQ on Father's Day 7 September, Phil Brown and Louise Garrett attended the BOF AGM; Maria Lavalley has stepped down from the BOF Festival committee, Michelle Babington and Trevor Woods remain on the Board, insurance requirements are prohibiting.

**Simon Brown**; thank you to the helpers at Bunnings BBQ; **Simon Brown, Jeff Franklin, John Hozack, John Payne, Wayne Fry, Max Lake, Yvonne Young and Bev Nicholas.**

The BBQ raised \$801. *BBQs isn't limited to Rotarians it could involve family members and friends.*

PE Tim Trescowthick is inviting the Italian Ambassador and Tim spoke on the Rotary Youth Exchange program.

**Craig Cameron** thanked all involved with the tree planting, tree planting in Yatte Yattah area alongside the Rotary Club of Cowra, 25 Oct, will need a dozen of helpers, a QR code will be available.

**John Hozack** spoke on Bureaucracy which he believes is holding Australia back. The three tiers of government are costly and flooded with regulations. Gone were the days of 'personal responsibilities'. John said the ASIC fees are a form of taxation as well as EFTPOS fees.

**John Payne** talked on press democracy and freedom.

John also addressed the **Mental Health first Aid Initiative**; a program that trains individuals to assist people experiencing mental health problems or crises. It's a community-based approach, similar to physical first aid, where people learn to recognise signs and symptoms, offer initial support, and guide individuals towards professional help. The program aims to reduce stigma, promote early intervention, and improve mental health literacy.



Lucky door prize; Bill Harris.

Raffle winner; Jason Russell.

*End of report.*